

Super Size Me Video Questions



Name _____

Date _____

During the movie:

1. What was Morgan's weight at the start of the month?
2. Did his doctors think that his health would suffer greatly from his experiment?
3. How much money does McDonalds spend on advertising each year?
4. How much did Morgan weigh at the second weigh in?
5. What was the major health concern that the doctors were concerned about near the end of the experiment?
6. What was Morgan's weight at the end of the experiment?

After watching the movie:

1. What do you think is the reason that McDonalds refused to be interviewed for this movie?

2. Who do you think is more to blame for obesity in America: companies that spend billions of dollars to tell you that their food is good to eat, or individuals who don't make good decisions regarding their health?

3. After watching this movie, what changes do you think you may need to make in your diet?

4. Do you think that having junk food and pop in school vending machines is a good idea? If you were in charge, what changes could you make to improve the eating habits of students in school?

5. The last time you purchased food at school, what did you buy? Would you have made a more nutritious choice if more options were available? Why or why not?